

Vascular plant communities in boreal herb-rich forests in Koli, eastern Finland

Päivi J. Hokkanen

*University of Joensuu, Faculty of Forest Sciences, P.O. Box 111, FIN-80101 Joensuu, Finland
(e-mail: paivi.hokkanen@forest.joensuu.fi)*

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Herb-rich forests have aroused great interest in maintaining the biological diversity of boreal forests. The ecology and structure of these ecosystems are poorly known, and no systematic assessment of their characteristics has been made. In order to explore the structure of vascular plant communities, 101 sample plots in 57 herb-rich forest areas were studied in Koli, eastern Finland. The material was classified with two-way indicator species analysis (TWINSPAN) and ordinated with detrended correspondence analysis (DCA). The results suggest that many environmental variables; e.g. varying topography and bedrock affected the herb-rich forest vegetation. The most important compositional gradients were moisture, fertility and shading. According to species composition, the Koli area is an important patch for species dispersion from south to north. The study area is valuable for maintaining threatened forest flora and eastern elements. In particular, the unique *Diplazium sibiricum* communities and other taiga species deserve special attention. The site types (ecological groups) corresponded quite well to the herb-rich forest types described in literature.

Key words: biological diversity, classification, detrended correspondence analysis (DCA), ecology, herb-rich forests, threatened flora, two-way indicator species analysis (TWINSPAN)

Introduction

Herb-rich forests, the most luxuriant forest types in Finland, are characterized by herbaceous flora (Linkola 1916, Cajander 1926). Grasses and shrubs are often abundant (Kuusipalo 1996), but dwarf shrubs and lichens, which are typical for heath forests, are normally rare or absent (Cajander 1926). The moss carpet is sparse, but rich in species (Kaakinen 1992). Differences between groves and heath forests are mainly due

to the properties of the soil: herb-rich forest soils are more fertile and less acid than heath forest soils (Kaakinen 1992).

Luxuriant herb-rich forests are rare in Finland for two main reasons: Firstly, conditions, e.g., cold climate and acid bedrock, are not convenient for the demanding herbaceous flora; and secondly, the best areas are taken into agricultural use (Alanen *et al.* 1996). Although groves cover less than one percent of the whole forest area in Finland (Alanen *et al.* 1996), they are



Fig. 1. Location of the study area and the nearest districts rich in grass-herb forests. Vegetation zones are after Ahti *et al.* (1968): 1 = hemiboreal zone, 2 = southern boreal zone, 3 = middle boreal zone, and 4 = northern boreal zone.

important for conservation, because 12% of all the threatened vascular plant species and 80% of the threatened forest-species occur primarily in these forests (Rassi *et al.* 2001). In southwestern Finland, herb-rich forests are characteristic, but in other parts of Finland, they are situated in specific areas with calciferous bedrock (Kaakinen 1982). These areas, called districts rich in grass-herb forests, are located in southern Tavastia, middle Karelia, Kuopio, Kainuu, southwestern Lapland, northern Kuusamo and Kittilä (Kaakinen 1982, Alapassi & Alanen 1988).

Finnish researchers have long traditions of studying herb-rich forests (Linkola 1916,

Lukkala 1919). The vegetation and luxuriant areas are well known (Alanen 1992, Kaakinen 1992). However, systematic mapping of vegetation and research on Finnish herb-rich forests started as late as in 1982 (Alanen 1983). The aim of that study was to make a proposal for the protection of groves (Alanen & Alapassi 1988). Based on that proposal, the National Protection Program was launched in 1989 (Alanen 1992).

The Koli area, which is famous for its unique vegetation, is one of the best-studied areas in North Karelia. In particular, threatened flora is carefully mapped (Hakalisto 1987, Lyytikäinen 1991, Grönlund & Hakalisto 1998). Axelson (1902) was the first to describe the flora of the Koli area in the early 1900s. Sixty years later, Sonck (1964) mapped the vegetation in the whole Pielisjärvi and Lieksa area, including Koli. In the 1970s, vegetation was mapped extensively during the planning of Koli National Park (Pohjois-Karjalan seutukaavaliitto 1976). In the 1990s, most descriptions and mappings were done in the core-area of Koli National Park (Lyytikäinen 1991). However, herb-rich forests and their vegetation, especially the plant communities over the site types are still poorly known, and no systematic assessment of their characteristic has been made.

The main purposes of this study were: (1) To describe the herb-rich forest vegetation and forest site types in Koli, (2) to analyze and classify herb-rich forest vegetation by multivariate methods, and (3) to evaluate the herb-rich forest site types studied by comparing them to previously described site types.

Material and methods

Study area

The study area is located in Koli, North Karelia, eastern Finland (Fig. 1), which is characterized by high hills and open lakes (Lyytikäinen 1991, Antikainen 1993). The highest hills are 250 meters above the largest lake, Pielinen. Such high hills are rare in southern and middle Finland. Another unique feature is its location in the transition area between the southern and middle boreal zones (Ahti *et al.* 1968).

Koli is also situated between the pre-Karelian granite–gneiss area and Karelian schist zone (Simonen 1964, Kalliola 1973). Both formations are Precambrian; the granites and gneiss are 2700 million years old, and the metamorphous sedimentary rocks (conglomerates, quartzites) are 1750–1900 million years old (Simonen 1964, Piirainen *et al.* 1974). Granite–gneiss is typical in the eastern and northwestern parts of the study area, but metamorphous rocks are characteristic in the western and southern parts (Kohonen 1987). The highest hills consist mainly of durable quartzite (Kohonen 1987). Calcium-rich diabase occurs in intrusive bodies between metamorphous rocks on the eastern slopes (Piirainen *et al.* 1974, Grönlund & Hakalisto 1998). The mineral soils are mainly glacial moraine (Lyytikäinen 1991). Glacial sand and gravel occur in glacial formations, but silt and clay are rare. The hill slopes over 120 m above sea level are supra aquatic (Okko 1964). Moraine and eskers are glacial formations from the last glacial period about 10 000 years ago (Kalliola 1973).

The climate of this region is continental with long, cold winters and warm summers (Kalliola 1973). The mean annual temperature is 2 °C (Finnish Meteorological Institute 1991). The length of the thermal growing period is 150–155 days, and frost can occur at any time during the summer (Heino & Hellsten 1983). The sum of degree-days (threshold +5 °C) ranges from 1000 to 1100 (Atlas of Finland 1987). The mean annual precipitation is 600 mm and winter snowfall 60 to 70 cm (Heino & Hellsten 1983, Finnish Meteorological Institute 1991).

The dominating tree species are Norway spruce (*Picea abies*) and Scots pine (*Pinus sylvestris*). Birches (*Betula pendula*, *B. pubescens*) and gray alder (*Alnus incana*) are common in the areas affected by slash and burn cultivation. Variable topography and post-glacial migration of the vegetation have created various plant communities (Grönlund & Hakalisto 1998). The sites are mainly medium fertile fresh heath (MT) and rich grove-like heath (OMT) forests (Antikainen 1993). The most luxuriant groves occur mainly on the eastern slopes or at the brook sides (Kärkkäinen 1994). Forest vegetation consists mainly of boreal dwarf-shrubs (*Vaccinium myrtillus* and *V. vitis-idaea*), forest ferns (*Dryopteris*

carthusiana and *Gymnocarpium dryopteris*), low herbs (*Trientalis europaea* and *Maianthemum bifolium*) and forest grasses (*Deschampsia flexuosa*, *Luzula pilosa* and *Calamagrostis arundinacea*) (Kalliola 1973, Vanha-Majamaa 2001b).

Slash and burn cultivation was widely used in eastern Finland from the 1600s to the 1940s (Lyytikäinen 1991, Björn *et al.* 1997). At that time, the local people made their living from rye (*Secale cereale*) and turnip (*Brassica rapa*) cultivation as well as cattle raising (Antikainen 1993). As a result of slash and burn culture, views and forests became more open, which favored deciduous trees and meadow vegetation (Uutela 1939). After slash and burn cultivation, effective silviculture began to favor conifer forests. Since the 1950s deciduous forests and meadows have gradually changed to dark and closed spruce forests (Björn *et al.* 1997, Grönlund & Hakalisto 1998). Commercial forests are mainly privately owned, but forest companies also own some large forest areas. All conservation areas belong to the state. The protected forests include Koli National Park (3000 ha) and conservation programs (400 ha) for herb-rich and old forests (Alapassi & Alanen 1988, Rassi *et al.* 1992, 1994, Salo 1998).

Field procedures

The fieldwork for this study was carried out during the summers of 1996, 1997, 1999 and 2000. The mapping of the vegetation was started at Koli National Park, and in 1999 and 2000 the study was expanded to the surrounding protected herb-rich forests owned by companies and private citizens. Ecological survey studies were based on the earlier mappings of vegetation and other forest stand information made by Forest Research Institute and UPM. The pre-information was used to capture representative variation of vegetation. Based on the pre-information the 101 most representative grove stands were selected for the study. The groves represented the most common herb-rich forest site types of the area. In addition, the groves were also selected to represent different sizes and status; e.g. large protected grove-areas and small separated key-habitats in commercial forests.

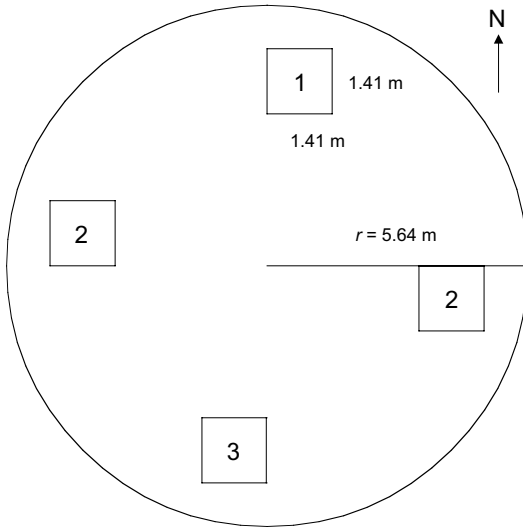


Fig. 2. Circular sample plot (100 m²) and location of vegetation squares (2 m²).

Circular sample plots of 100 m² (radius = 5.64 m) were established in the middle of the grove stand. Vegetation coverage of the field layer was estimated from the sample plot by using three sample squares, each 2 m² (Fig. 2), located four meters from the center to the north (00°), east (90°), south (180°) and west (270°). Northern and southern squares were used on

each plot, and eastern squares were preferred to western ones. Western was used only if it was impossible to use eastern (big stones, rocks etc.). Coverage of each species was estimated by the following percentage scale: 0.1, 0.5, 1, 2, 3, 4, 5, 7, 10, 15, 20, 25, ... 90, 93, 95, 96, 97, 98, 99, 100. Species outside the square, but inside the circle plot received coverage of 0.1. Shrub coverage and all species in the field layer were determined from the circular sample plot. The shrub layer included tree saplings and shrubs lower than 150 cm. The nomenclature follows Hämet-Ahti *et al.* (1998).

Tree species and stand characteristics were determined from the circle sample plot. For each tree species, basal area (ba) was measured. Diameter (dbh), height and age were measured by using median size tree. The tree layer consisted of trees and shrubs over 150 cm tall.

A priori typification and description of herb-rich forest site types

Classification in the field was based mainly on Alanen *et al.* (1996) and Kuusipalo (1996), who divide groves into dry, mesic and moist types (Table 1). The herb-rich forest site types used in this study are described in the results. The tradi-

Table 1. Herb-rich forest sites types after Alanen *et al.* (1996) and Kuusipalo (1996). Abbreviations: VRT = *Vaccinium (vitis-idaea)*–*Rubus (saxatilis)*, OMaT = *Oxalis (acetosella)*–*Maianthemum (bifolium)*, GOMaT = *Geranium (sylvaticum)*–*Oxalis (acetosella)*–*Maianthemum (bifolium)*, PuViT = *Pulmonaria (obscura)*–*Viola mirabilis*, ORT = *Oxalis (acetosella)*–*Rubus (saxatilis)*, OPaT = *Oxalis (acetosella)*–*Paris (quadrifolia)*, GORT = *Geranium (sylvaticum)*–*Oxalis (acetosella)*–*Rubus (saxatilis)*, AthOT = *Athyrium (filix-femina)*–*Oxalis (acetosella)*, AthAssT = *Athyrium (filix-femina)*–*Assimilis (Dryopteris expansa)*, OFiT = *Oxalis (acetosella)*–*Filipendula (ulmaria)*, MaT = *Matteucia (struthiopteris)*, AthT = *Athyrium (filix-femina)*, GOFiT = *Geranium (sylvaticum)*–*Oxalis (acetosella)*–*Filipendula (ulmaria)*, GFiT = *Geranium (sylvaticum)*–*Filipendula (ulmaria)* and DiplT = *Diplazium (sibiricum)*.

Vegetation zone	SUBDRY	MESIC		MOIST	
	Medium fertile	Medium fertile	(Very) fertile	Medium fertile	(Very) fertile
Southern boreal	VRT	OMaT	PuViT ORT OPaT	AthOT AthAssT	OFiT MaT AthT
Middle boreal	VRT	GOMaT	GORT	AthAssT	GOFiT MaT AthT
Northern boreal	VRT			AthAssT	GFiT DiplT MaT AthT

tional Finnish forest site classification (Cajander 1926, Nieppola 1986) represents only the following herb-rich forest site types for North Karelia: *Oxalis–Maianthemum* type (OMaT), *Filices* type (FT), *Aconitum* type (AT), *Silene* type (LT) and *Vaccinium–Rubus* type (VRT).

Numerical analysis

PC-ORD software version 4 was used for multivariate analysis (McCune & Mefford 1999). Detrended Correspondence Analysis or DCA (Hill 1979, Hill & Gauch 1979) was applied for ordinating the sample plots and the vegetation data. The down weighting option was chosen to reduce the effect of rare species. In other options, default settings of DCA were used. Sample plots and species ($n = 167$) were also classified by TWINSpan (Two-Way Indicator Species Analysis; Hill 1979). The default settings of TWINSpan were used. Frequency and coverage of each species were calculated by data summarization of PC-ORD. Diversity index and species richness was determined for all sample plots. As a diversity index was used the estimated formula of Shannon-Weaver's entropy index, H' (Økland 1990).

Results

General features of vegetation

The most common vascular plant on the studied sites was *Maianthemum bifolium* (Table 2). Despite its high frequency, however, it was not very abundant on the sample plots. The most abundant species on the plots were *Athyrium filix-femina*, *Oxalis acetosella* and *Gymnocarpium dryopteris*. Constant species in almost all herb-rich forest site types studied were *Alnus incana*, *Angelica sylvestris*, *Dryopteris carthusiana*, *Geranium sylvaticum*, *Gymnocarpium dryopteris*, *Maianthemum bifolium*, *Melica nutans*, *Oxalis acetosella*, *Paris quadrifolia*, *Rubus idaeus*, *R. saxatilis*, *Sorbus aucuparia*, *Trientalis europaea* and *Viola selkirkii* (Tables 2 and 6).

The herb-rich forests studied were luxuriant and rich in species (Table 3). Groves were divided into three main groups on the ground

of moisture and dominant species. These main groups were fresh low-herb-dominated groves (OMaT, ORT, GORT and PuViT), moist fern-rich groves (AthAssT, AthT, DiplT and MaT) and moist tall-herb-dominated groves (OFiT, GOFiT, GFiT). Low herbs and ferns, such as *Oxalis acetosella*, *Maianthemum bifolium*, *Rubus saxatilis* and *Gymnocarpium dryopteris*, were dominant in the fresh herb-rich forests. Characteristic species for the moist fern-rich groves were *Athyrium filix-femina*, *Phegopteris connectilis* and *Dryopteris expansa*. In addition, typical species for the most luxuriant fern-dominated sites were *Diplazium sibiricum* and *Matteuccia struthiopteris*. The moistest herb-rich forest patches were characterized by tall herbs, such as *Filipendula ulmaria*, *Geum rivale*, *Geranium sylvaticum* and *Crepis paludosa*.

Stands were mainly deciduous and mixed deciduous forests (Fig. 3). In addition, pure spruce (*Picea abies*) forests as well as spruce-dominated mixed forests were common in the

Table 2. Frequency and abundance (coverage) of the most common vascular plant species in the studied herb-rich forests.

Species	Frequency		Coverage (%)	
	Plots	%	Mean	SD
<i>Maianthemum bifolium</i>	98	95	3.4	3.6
<i>Oxalis acetosella</i>	95	92	9.7	9.7
<i>Gymnocarpium dryopteris</i>	94	91	9.6	9.3
<i>Trientalis europaea</i>	91	88	0.8	0.7
<i>Geranium sylvaticum</i>	82	80	2.2	4.2
<i>Rubus idaeus</i>	81	79	4.0	7.9
<i>Melica nutans</i>	77	75	0.6	1.4
<i>Athyrium filix-femina</i>	78	76	17.8	21.4
<i>Rubus saxatilis</i>	73	71	1.9	3.8
<i>Paris quadrifolia</i>	72	70	0.3	0.4
<i>Phegopteris connectilis</i>	68	66	5.7	7.6
<i>Alnus incana</i>	66	64	1.8	5.3
<i>Sorbus aucuparia</i>	66	64	1.0	2.0
<i>Vaccinium myrtillus</i>	62	60	1.4	4.7
<i>Angelica sylvestris</i>	62	60	0.6	1.7
<i>Crepis paludosa</i>	61	59	2.7	5.1
<i>Calamagrostis arundinacea</i>	58	56	1.9	5.2
<i>Viola selkirkii</i>	58	56	0.6	1.9
<i>Filipendula ulmaria</i>	58	56	6.4	9.9
<i>Geum rivale</i>	57	55	1.8	4.5
<i>Prunus padus</i>	54	52	1.1	2.6
<i>Dryopteris carthusiana</i>	53	51	2.0	4.0
<i>Dryopteris expansa</i>	49	48	9.6	16.5

area. Gray alder (*Alnus incana*), which usually grew together with spruce, was the most common deciduous tree. It also formed pure alder stands or mixed deciduous forests with downy birch (*Betula pubescens*) and European aspen (*Populus tremula*). Other typical tree species of the mixed forest were silver birch (*Betula pendula*), goat willow (*Salix caprea*) and Scots pine (*Pinus sylvestris*). However, pure pine, birch and willow forests were rare. Most of the stands were quite young (20–40 yr.), one third were mature (> 80 yr.) and only few stands were very young (< 20 yr.).

Description of herb-rich forest site types

Mesic sites

The *Oxalis acetosella*–*Maianthemum bifolium* group (OMa) included heterogeneous OMaT sites (3, 8, 16, 21, 29, 30, 32, 38, 43, 54, 56, 59, 67, 68, 71, 94, 100) and OMaT–VRT site (92). Most of these sites were dominated by *Gymnocarpium dryopteris*, *Maianthemum bifolium* and *Oxalis acetosella* (Table 6). Other characteristic species in the field layers were *Vaccinium myrtillus*, *Solidago virgaurea*, *Rubus saxatilis*, *Melica nutans*, *Convallaria majalis*, *Calamagrostis arundinacea*, *Viola riviniana* and

Luzula pilosa (Tables 5 and 6). In addition, abundant species on some plots were also *Actaea spicata* and *Dryopteris expansa*. The sparse shrub layers consisted mainly of *Rubus idaeus*, *Sorbus aucuparia* and *Alnus incana* (Tables 4 and 6). The stands were mostly quite young, closed spruce-dominated mixed forests (Table 9).

The *Oxalis acetosella*–*Rubus saxatilis* group (OR) included GORT (39, 40, 53, 89), ORT (42, 62) and ORT–OMaT (76) sites. The field layers were dominated by *Oxalis acetosella*, *Rubus saxatilis* and *Maianthemum bifolium* (Table 6). Other characteristic species were *Viola mirabilis*, *Carex digitata*, *Fragaria vesca*, *Viola riviniana*, *Vaccinium vitis-idaea* and *Veronica officinalis* (Table 5). In addition, *Calamagrostis arundinacea*, *Vaccinium myrtillus*, *Geranium sylvaticum*, *Melica nutans*, *Paris quadrifolia* and *Viola selkirkii* were common species. Dominant species in the thick shrub layers were *Alnus incana*, *Prunus padus* and *Rubus idaeus* (Tables 4 and 6). The stands were mainly mature or quite young, spruce or alder forests (Table 9).

PuViT (14, 26), PuViT–OFiT (45) and PuViT–AthT (51) formed the *Dryopteris filix-mas*–*Viola mirabilis* group (PuV). These sites were quite similar in terms of species composition, except for the abundance of *Filipendula ulmaria* and *Athyrium filix-femina*. In addition, the plots had luxuriant vegetation (Tables 3,

Table 3. Number of sample plots, mean number of species (species/100 m²) and mean diversity index (*H'*) for the site type groups and TWINSPAN clusters (CLU). Total number of plots is 101, mean number of species in all plots is 29.7 and mean diversity index 2.15. Explanations for the clusters see Fig. 6 and for the groups see Fig. 4.

CLU	Number of sample plots									Species		<i>H'</i>	
	OMa	OR	PuV	AAs	Ath	Dip	Mat	OFi	Tot	Mean	SD	Mean	SD
1	4	1							5	29.2	8.0	2.30	0.28
2	1	3	1						5	25.2	8.0	2.22	0.31
3	10	3	1						14	26.6	7.7	2.23	0.27
4	3			18	7	3	2		33	26.5	7.7	1.96	0.35
5					1			5	6	41.8	7.0	2.56	0.33
6					3	7	2	1	13	32.1	3.9	2.05	0.44
7			2		3		6	3	14	28.4	4.2	2.15	0.25
8	1							10	11	37.9	6.0	2.42	0.27
Tot	19	7	4	18	14	10	10	19	101				
Sp.	25.8	31.1	27.8	25.1	31.1	30.6	27.9	37.3		29.7			
SD	8.1	5.7	7.4	8.0	4.8	7.2	4.3	7.7			8.1		
<i>H'</i>	2.19	2.34	2.22	1.89	2.12	1.84	2.22	2.45				2.15	
SD	0.28	0.21	0.26	0.34	0.31	0.43	0.32	0.27					0.36

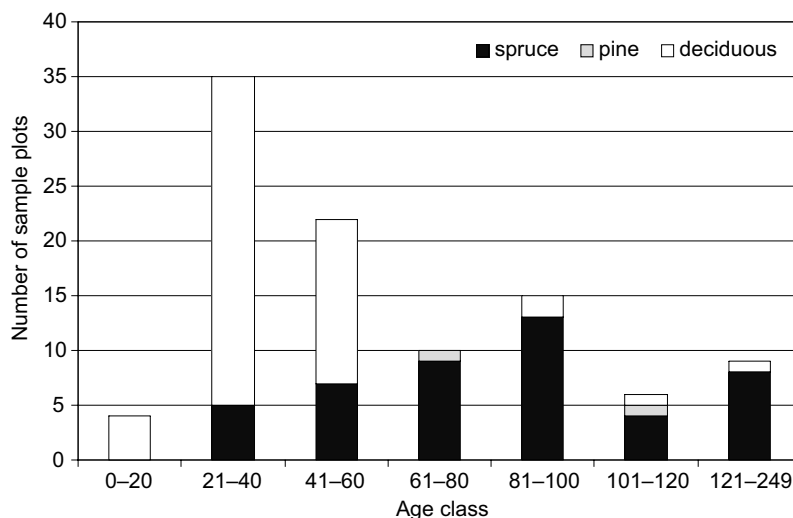


Fig. 3. Forests and their age-classes in the study area. Deciduous forests include pure deciduous stands (> 80% deciduous) and mixed deciduous stands (50%–80% deciduous). The most common deciduous tree species is gray alder (*Alnus incana*). Other deciduous are birches (*Betula pendula*, *B. Pubescens*), European aspen (*Populus tremula*), mountain ash (*Sorbus aucuparia*) and goat willow (*Salix caprea*). Spruce forests include pure spruce (*Picea abies*) stands (> 80% spruce) and spruce-dominated mixed forests (50%–80% spruce). Pine forests include pine (*Pinus sylvestris*)-dominated stands (> 49% pine).

4 and 5). Characteristic for the group was the abundance of *Dryopteris filix-mas*, *Convallaria majalis*, *Viola mirabilis*, *Actaea spicata*, *Milium*

effusum and/or *Stachys sylvatica* (Table 5). Other typical species in the field layers were *Dryopteris carthusiana*, *Melica nutans* and *Elymus caninus*

Table 4. Vegetation coverage (%) of the TWINSpan clusters (numbers) and site type groups. Ferns (55.7%) and herbs (43.6%) are abundant on all studied sites. Dwarf-shrubs (Dwarf-shr.) have low coverage (1.4%). Explanations for the clusters, see Fig. 6 and for the groups, see Fig. 4. Here ferns** mean ferns, horsetails and club mosses, and grasses* mean grasses, sedges and rushes.

CLU/ Type	Shrubs		Dwarf-shr.		Ferns**		Herbs		Grasses*	
	Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD
1	6.5	8.9	13.4	12.9	23.2	19.9	48.7	19.2	13.7	9.8
2	20.4	32.2	0.4	0.6	40.9	22.2	46.0	20.0	4.9	4.0
3	3.3	4.3	3.5	5.8	28.9	17.1	45.0	16.6	9.2	7.7
4	5.0	4.8	0.5	0.8	79.1	24.0	30.5	17.8	3.6	4.3
5	8.0	12.8	0.5	0.6	51.1	36.9	59.2	15.3	4.8	2.8
6	6.3	6.8	0.1	0.2	82.9	30.8	34.4	19.0	1.4	1.5
7	3.3	5.9	0.0	0.0	50.8	27.5	56.9	22.4	4.0	4.8
8	12.5	10.4	0.4	1.1	17.7	15.7	63.4	32.3	6.9	10.7
OMa	4.8	7.2	4.2	8.1	34.4	15.3	41.0	19.3	41.0	19.3
OR	17.3	27.1	5.5	8.5	20.9	15.9	55.3	17.7	9.2	10.1
PuV	8.7	9.9	0.1	0.1	45.2	30.4	53.7	23.9	4.5	32.9
AAAs	5.3	5.0	0.4	0.8	81.4	22.1	27.3	17.8	3.3	3.0
Ath	4.7	6.3	0.4	0.8	73.5	22.9	39.8	12.2	3.8	4.7
Dip	6.2	6.2	0.1	0.2	96.1	26.8	28.4	23.4	1.1	1.6
Mat	2.7	2.7	0.3	0.5	71.6	27.8	42.7	12.8	2.7	3.9
OFi	8.6	10.4	0.4	0.9	25.1	22.6	66.6	25.4	5.9	8.4
Tot.	6.5	10.1	1.4	4.5	55.7	34.2	43.6	23.3	5.1	6.5

(Tables 5 and 6). The shrub layers were sparse but diverse in species; e.g. *Daphne mezereum*, *Lonicera xylosteum* and *Ribes spicatum* (Tables 4 and 5). The stands were mainly dominated by young alders (Table 9).

Moist sites

The *Athyrium filix-femina*–*Dryopteris expansa* group (AAs) included AthAssT (19, 20, 22, 27, 48, 57, 61, 65, 66, 70, 72, 78, 80, 83, 85, 82), AthAssT–OPaT (17) and AthAssT–OMaT (24) sites. These sites were poor in species number

(Table 3) and dominated by tall ferns, *Dryopteris expansa* and *Athyrium filix-femina* (Table 5). Under the tall ferns, typical species were *Phegopteris connectilis*, *Vaccinium myrtillus*, *Calamagrostis arundinacea*, *Rubus saxatilis*, *Luzula pilosa* and *Milium effusum* (Tables 5 and 6). Characteristic species of the sparse shrub layers were *Alnus incana*, *Rubus idaeus* and *Sorbus aucuparia* (Tables 4 and 6). Most of the stands were quite young, spruce-dominated forests (Table 9).

Sites dominated by *Athyrium filix-femina* (Ath) were classified in the field into the AthT (1, 25, 28, 75, 81, 87, 93, 95), AthT–OFiT (12, 23, 49), AthT–GORT (15) and AthT–OPaT (36, 88).

Table 5. Characteristic species composition (“indicator species”) of the studied groups. Numbers represent frequencies (%) in each group. Mean coverages greater than 2% are identified as follows: ² = 2.1%–5%, ³ = 5.1%–10%, ⁴ = 10.1%–20%, ⁵ = 20.1%–30%, ⁶ = 30.1%–40%, ⁷ = 40.1%–50%, ⁸ > 50.1%.

Species	OMa	OR	PuV	AAs	Ath	Dip	Mat	OFi
<i>Actaea spicata</i>	47	43	50	33	36	80	20	5
<i>Athyrium filix-femina</i>	37	43	50 ⁴	100 ⁵	100 ⁷	100 ⁴	100 ⁵	74
<i>Calamagrostis arundinacea</i>	74	86 ²	50	72	71	50	20	32
<i>Calamagrostis purpurea</i>	11	–	25	33	29	10	30	74
<i>Carex digitata</i>	40	86	–	22	29	30	–	21
<i>Convallaria majalis</i>	74	43	75 ³	44	21	40	30	42
<i>Crepis paludosa</i>	16	–	25	61	93 ²	90 ²	90 ²	79
<i>Daphne mezereum</i>	21	43	75	6	43	60	10	32
<i>Deschampsia cespitosa</i>	11	57	25	22	50	20	30	84
<i>Diplazium sibiricum</i>	–	–	–	–	–	100 ⁸	–	–
<i>Dryopteris expansa</i>	58	43	50	100 ⁵	36	50	30	11
<i>Dryopteris filix-mas</i>	32	43	75 ³	17	21	–	–	11
<i>Elymus caninus</i>	–	29	50	6	36	50	50	21
<i>Equisetum pratense</i>	16	14	25	22	29	60	50	47
<i>Equisetum sylvaticum</i>	11	–	–	33	50	50	50	58
<i>Filipendula ulmaria</i>	5	43	50 ²	28	86	90	80 ⁴	100 ⁴
<i>Fragaria vesca</i>	32	86	25	6	36	30	10	32
<i>Galium triflorum</i>	5	29	–	17	50	40	30	5
<i>Geum rivale</i>	16	57	25	22	79	80	70 ²	100 ²
<i>Lonicera xylosteum</i>	16	43	50	11	14	10	10	5
<i>Luzula pilosa</i>	58	57	50	61	36	20	–	63
<i>Matteuccia struthiopteris</i>	–	–	–	–	–	10	100 ⁵	–
<i>Milium effusum</i>	42	–	50	56	21	20	40	11
<i>Phegopteris connectilis</i>	21	14	25	100 ³	93 ³	90 ³	90 ³	68
<i>Ranunculus repens</i>	5	29	50	6	21	20	70	68
<i>Ribes spicatum</i>	–	14	50	6	14	20	20	5
<i>Solidago virgaurea</i>	84	43	25	50	29	30	20	26
<i>Stachys sylvatica</i>	–	29	50	–	7	20	40	5
<i>Vaccinium myrtillus</i>	90	71	50	83	50	50	30	42
<i>Vaccinium vitis-idaea</i>	42	57	25	11	29	20	20	26
<i>Veronica officinalis</i>	11	57	25	11	7	10	–	16
<i>Viola epipsila</i>	16	–	–	17	64	20	60	79 ²
<i>Viola mirabilis</i>	21	100	50	11	36	20	–	21
<i>Viola riviniana</i>	58	57	–	11	29	30	20	21

Vegetation seemed to be more luxuriant than in the former AAs group. Characteristic species in the upper field layers were *Athyrium filix-femina*, *Crepis paludosa* and *Filipendula ulmaria* (Tables 5 and 6). Typical species in the low-herb strata were *Phegopteris connectilis*, *Melica nutans*, *Paris quadrifolia*, *Geum rivale*, *Viola selkirkii* and *Galium triflorum*. The diverse shrub layers consisted mainly of *Rubus idaeus* and deciduous saplings (Tables 4 and 6). The stands were quite young, spruce-dominated mixed forests (Table 9).

The *Diplazium sibiricum* group (Dip) included DiplT (55, 60, 64, 74, 82, 84, 86) and DiplT–AthAssT (50, 52, 77) sites. On all these sites, the most abundant species was *Diplazium sibiricum*. Other typical, but less abundant species in the upper field layers were *Athyrium filix-femina*, *Crepis paludosa*, *Filipendula ulmaria*, *Elymus caninus* and, particularly on the DiplT–AthAssT sites, *Dryopteris expansa* (Tables 5 and 6). Characteristic species in the low-herb strata were *Phegopteris connectilis*, *Geranium sylvaticum*, *Geum rivale*, *Actaea spicata*, *Paris quadrifolia*, *Equisetum pratense* and *Viola selkirkii*. The diverse shrub layers consisted mainly of *Rubus idaeus*, *Prunus padus*, *Alnus incana*, *Daphne mezereum* and *Sorbus aucuparia* (Tables 4, 5 and 6). The stands were primarily young alder forests or mature spruce forests (Table 9).

The *Matteuccia struthiopteris* group (Mat) included MaT (6, 7, 63, 73), MaT–OFiT (9, 10, 11, 37) and MaT–AthAssT (18, 58) sites. These types were quite similar in terms of species, but MaT–AthAssT was characterized by *Dryopteris expansa*, which was rare in other types. The upper field layers were dominated by *Athyrium filix-femina* and *Matteuccia struthiopteris* (Table 5). Other characteristic species in the upper field layers were *Filipendula ulmaria*, *Crepis paludosa* and *Elymus caninus*. The species that best described the low-herb strata were *Phegopteris connectilis*, *Geum rivale*, *Ranunculus repens*, *Paris quadrifolia* and *Equisetum pratense* (Tables 5 and 6). The shrub layers were sparse and consisted mainly of *Rubus idaeus* and deciduous saplings (Tables 4 and 6). The stands were quite young spruce- or alder-dominated forests (Table 9).

All the tall-herb-dominated sites were put together to form the *Filipendula* group (OFi). This group included the following herb-rich forest types: OFiT (41, 44, 46, 91, 99, 101), GOFiT (2, 4, 31, 33, 79, 97), GFiT (47, 96, 98), OFiT–AthT (13), OFiT–AthAssT (69), GOFiT–AthT (35) and GFiT–AthT (5). In this study, these were treated as one type, because differences between types were small and it was also difficult to separate them in the field. Species composition seemed to be

Table 6. Characteristic species composition (“constant” species) of the studied groups. Numbers represent frequencies (%) in each group. Mean coverages greater than 2% are identified as follows: ² = 2.1%–5%, ³ = 5.1%–10%, ⁴ = 10.1%–20%, ⁵ = 20.1%–30%, ⁶ = 30.1%–40%, ⁷ = 40.1%–50%, ⁸ > 50.1%.

Species	OMa	OR	PuV	AAs	Ath	Dip	Mat	OFi
<i>Alnus incana</i>	60	86 ²	100	67	71	60	60	58 ²
<i>Angelica sylvestris</i>	63	71	50	33	64	60	60	84
<i>Dryopteris carthusiana</i>	58 ²	43	100	28	71	10	50	69
<i>Geranium sylvaticum</i>	63	86	75	83	86	90	80	90 ²
<i>Gymnocarpium dryopteris</i>	100 ⁴	71 ³	100 ³	100 ⁴	93 ³	90 ³	100 ³	84 ²
<i>Maianthemum bifolium</i>	100 ²	100 ²	100 ²	100 ²	100 ²	100 ²	90	90
<i>Melica nutans</i>	84	86	100	67	93	70	60	68
<i>Oxalis acetosella</i>	95 ³	100 ⁴	100 ³	100 ²	100 ³	100 ²	100 ³	79 ²
<i>Paris quadrifolia</i>	63	86	50	44	93	80	80	79
<i>Picea abies</i>	37	43	75	33	7	50	30	63
<i>Prunus padus</i>	21	57	50	50	64	70	60	68
<i>Rubus idaeus</i>	80	71 ²	75	83	79 ²	90	80	79
<i>Rubus saxatilis</i>	84	100 ²	75	72	71	40	50	74
<i>Sorbus aucuparia</i>	90	29	75	78	57	60	40	63
<i>Trientalis europaea</i>	100	86	100	89	93	90	90	79
<i>Viola selkirkii</i>	58	86	50	33	71	80	40	58

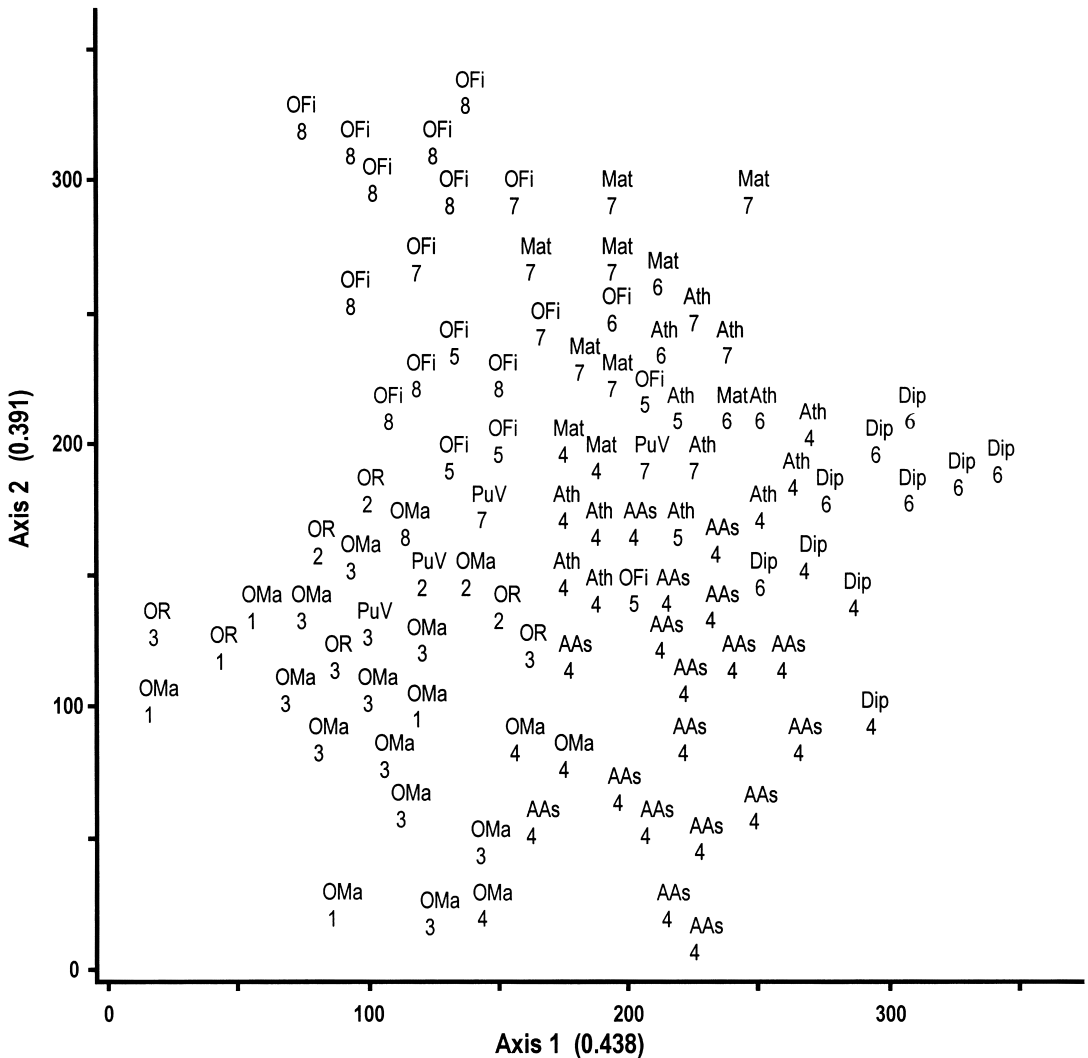


Fig. 4. DCA ordination of sample plots (total inertia is 3.933). Numbers (1–8) indicate TWINSpan clusters and abbreviations site type groups. Abbreviations: OMa = *Oxalis acetosella*–*Maianthemum bifolium* group, OR = *Oxalis acetosella*–*Rubus saxatilis* group, PuV = *Dryopteris filix-mas*–*Viola mirabilis* group, AAs = *Athyrium filix-femina*–*Dryopteris expansa* group, Ath = *Athyrium* group, Mat = *Mateuccia struthipteris* group, Dip = *Diplazium sibiricum* group, OFi = *Filipendula ulmaria* group. For numbers see Fig. 6.

quite similar in different types, except that *Oxalis acetosella* was absent from the GFiT sites, and *Athyrium filix-femina* was abundant on the OFiT–AthAssT, GOFiT–AthT and GFiT–AthT sites.

Tall herbs and grasses e.g. *Filipendula ulmaria*, *Geum rivale*, *Angelica sylvestris*, *Deschampsia cespitosa*, *Crepis paludosa* and *Calamagrostis purpurea* were characteristics for the *Filipendula* group (Tables 4, 5 and 6). Other typical species were *Viola epipsila*, *Paris quadrifolia* and *Ranunculus repens*. The thick shrub

layers were characterized by *Rubus idaeus* and tree saplings (Tables 4 and 6). The stands were mainly quite young deciduous forests (Table 9).

Multivariate analysis

DCA ordination

The moist Dip sites received the highest values for the first axis, whilst sub-dry OMa and OR

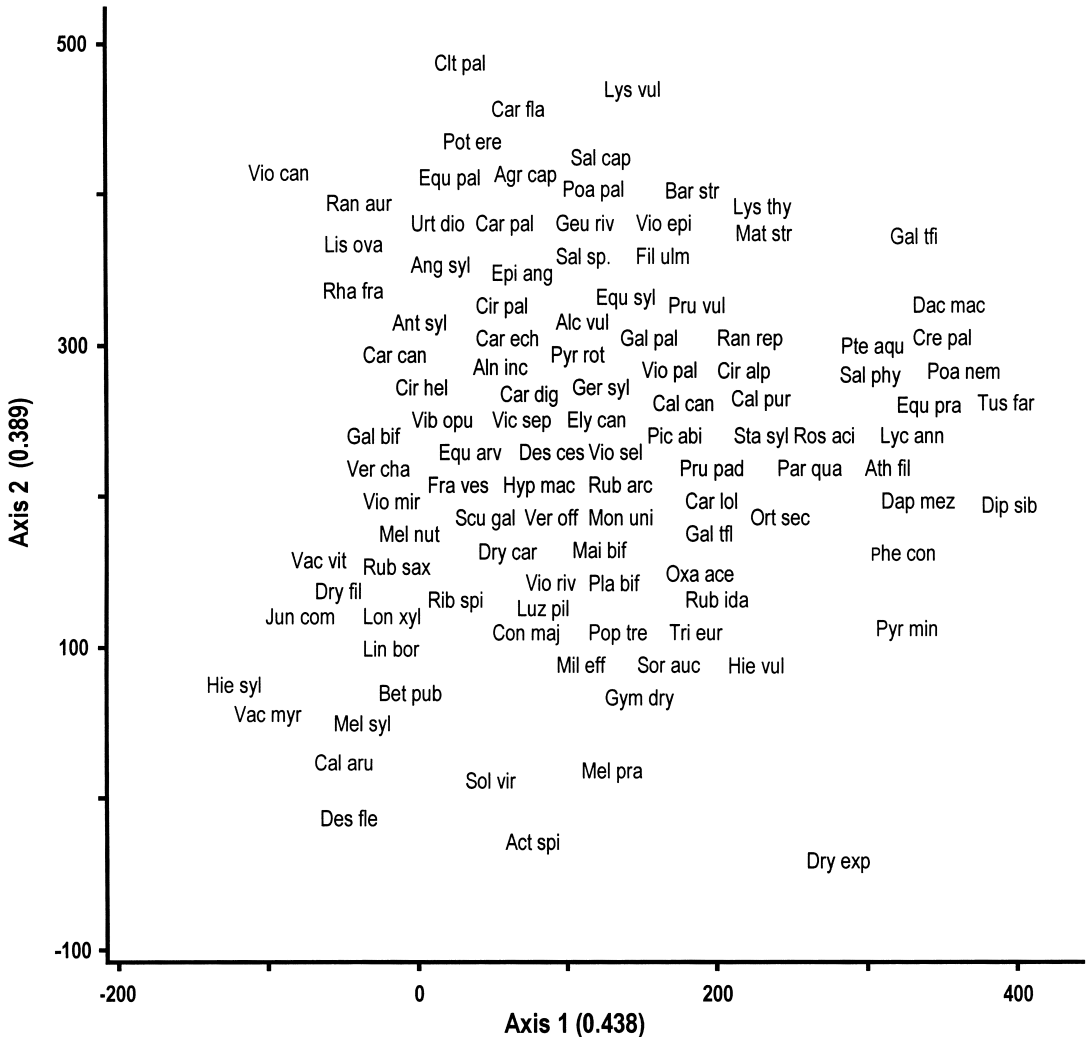


Fig. 5. DCA ordination of species (total inertia is 3.894). For abbreviations, see Appendix.

sites received the lowest values (Fig. 4). Almost all the fern-dominated sites (AAs, Ath, Mat) had higher values for the first axis than the herb-dominated (OMa, OR, PuV, OFi) sites. The *Filipendula ulmaria* dominated sites (OFi) had the highest values for the second axis, whilst the sites with abundance of *Dryopteris expansa* (some AAs and OMa sites) received the lowest values. However, the Mat sites also received high values for the second axis.

Species ordination was done for all species, but only selected species ($n > 3$) are shown in Fig. 5. Species that favored moisture and high fertility, e.g. *Diplazium sibiricum*, *Tussilago*

farfara, *Crepis paludosa* and *Equisetum pratense* received the highest values for the first axis. However, the typical species for the less fertile and acid heat forests, e.g. *Hieracium sylvaticum* and *Vaccinium myrtillus* had the lowest values for the first axis. Furthermore, drought-tolerant species, e.g. *Juniperus communis*, *Vaccinium vitis-idaea* and *Dryopteris filix-mas* also received low values for the first axis. The light-tolerant meadow and eutrophic mire species, e.g. *Viola canina*, *Caltha palustris*, *Carex flava* and *Lysimachia vulgaris* received the highest values for the second axis, whilst the shade-tolerant species, such as *Dryopteris expansa* and *Actaea spicata*

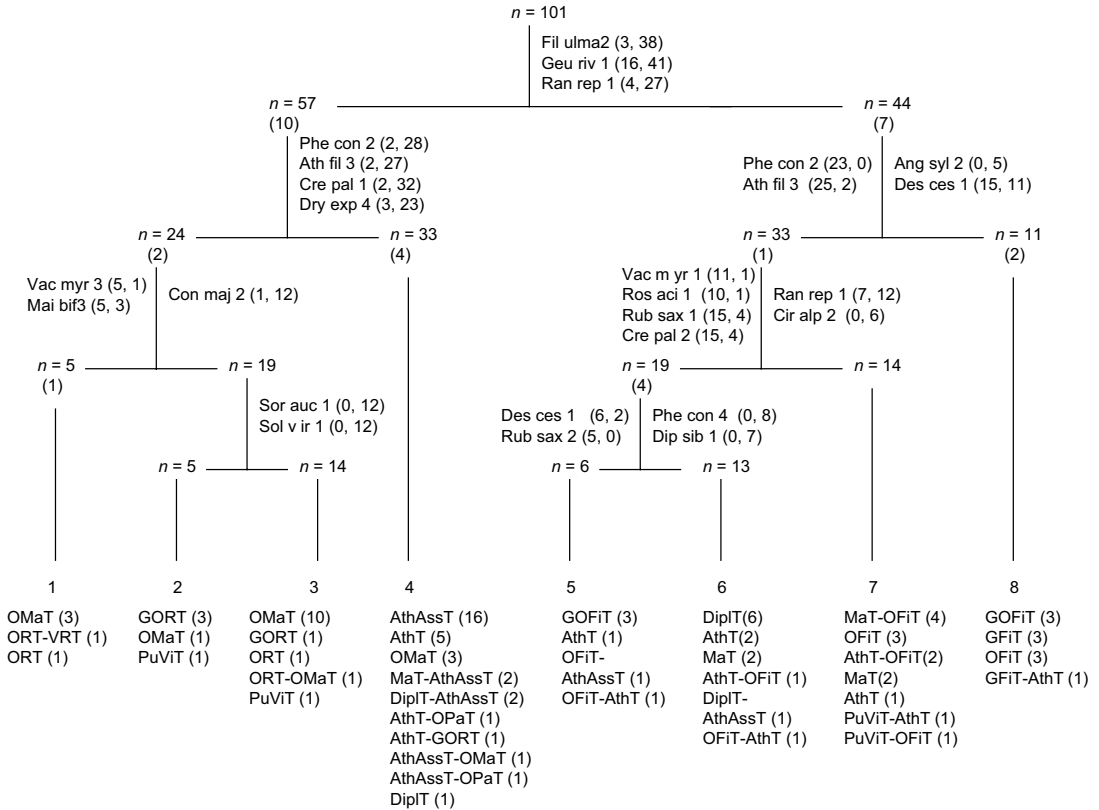


Fig. 6. TWINSpan classification of the whole data set. Numbers of the misclassified sample plots are inside the brackets below *n*. Number after species (abbreviations see Appendix) gives coverage cut levels for indicator species/pseudospecies (1 = 0.1%–2%, 2 = 2%–5%, 3 = 5%–10%, 4 = 10%–20%, 5 > 20%). Frequencies are inside the brackets. Clusters are named after the most descriptive species. 1: *Vaccinium myrtillus*–*Maianthemum bifolium*, 2: *Oxalis acetosella*–*Rubus saxatilis*, 3: *Oxalis acetosella*–*Maianthemum bifolium*, 4: *Athyrium filix-femina*–*Dryopteris expansa*, 5: *Crepis paludosa*–*Phegopteris connectilis*, 6: *Athyrium filix-femina*–*Phegopteris connectilis*, 7: *Athyrium filix-femina*–*Ranunculus repens* and 8: *Filipendula ulmaria*–*Angelica sylvestris*.

and typical species for the heath forests, had the lowest values. The dominant species of the moist herb-rich forests, excluding *Dryopteris expansa*, received higher values for the second axes than dominant species of the mesic sites. According to the ordination, moisture and fertility seem to increase and acidity decrease along the first axis, while light and occurrence of culture-favoring species seem to increase along the second axis.

TWINSpan classification

At the first level of the TWINSpan, sample plots were divided into the mesic (*n* = 57) and moist sites (*n* = 44) (Fig. 6). Indicators for the

right division were *Filipendula ulmaria*, *Geum rivale* and *Ranunculus repens*.

At the second level, the left subset was divided into low herb- (*n* = 24) and fern-dominated sites (*n* = 33). The fern-dominated sites formed the *Athyrium filix-femina*–*Dryopteris expansa* cluster (4) named after the dominant species. Indicators for this cluster were *Phegopteris connectilis*, *Athyrium filix-femina*, *Crepis paludosa* and *Dryopteris expansa*. Other species with certain abundance criteria were *Gymnocarpium dryopteris*, *Maianthemum bifolium*, *Calamagrostis arundinacea*, *Actaea spicata* and *Rubus idaeus* (Tables 7 and 8).

On the right (*n* = 44), moist sites were divided into fern-rich (*n* = 33) and herb-rich

sites ($n = 11$). Indicator species of this division were *Phegopteris connectilis* and *Athyrium filix-femina* for the fern-rich sites, and *Angelica sylvestris* and *Deschampsia cespitosa* for the herb-rich sites. Moist herb-rich sites formed the *Filipendula ulmaria*-*Angelica sylvestris* cluster (8), which was also characterized by *Geum rivale*, *Viola epipsila*, *Crepis paludosa*, *Calamagrostis purpurea* and *Anthriscus sylvestris*.

At the third level, on the left, mesic sites were divided into dwarf-shrub ($n = 5$) and herb dominated sites ($n = 19$). The sites dominated by dwarf-shrubs formed the *Vaccinium myrtil-*

lus-*Maianthemum bifolium* cluster (1). Typical species for the cluster one were also *Deschampsia flexuosa*, *Melica nutans*, *Sorbus aucuparia*, *Solidago virgaurea*, *Vaccinium vitis-idaea*, *Viola riviniana*, *Luzula pilosa* and *Veronica officinalis*.

At the third level, on the right, fern-rich sites were divided into the northern ($n = 19$) and southern forests ($n = 14$). The northern forests were characterized by northern and eastern species e.g. *Rosa acicularis*, *Diplazium sibiricum* and *Geranium sylvaticum*. The southern *Athyrium filix-femina*-*Ranunculus repens* cluster (7) was characterized by southern species, such as *Cir-*

Table 7. Characteristic species composition ("indicator" species) of the TWINSpan clusters. Numbers represent frequencies (%) in each cluster. Mean coverages greater than 2% are identified as follows: ² = 2.1%–5%, ³ = 5.1%–10%, ⁴ = 10.1%–20%, ⁵ = 20.1%–30%, ⁶ = 30.1%–40%, ⁷ = 40.1%–50%, ⁸ > 50.1%.

Species	1	2	3	4	5	6	7	8
<i>Actaea spicata</i>	40	20	57	70	–	54	21	–
<i>Anthriscus sylvestris</i>	40	20	–	–	–	15	36	64
<i>Calamagrostis arundinacea</i>	40	60	93 ³	79	67	38	21	18
<i>Calamagrostis purpurea</i>	–	–	7	27	33	31	29	73
<i>Carex digitata</i>	40	60	57	27	67	15	7	–
<i>Circaea alpina</i>	–	20	–	6	–	8	50	18
<i>Cirsium palustre</i>	–	–	7	3	50	8	–	27
<i>Convallaria majalis</i>	40	20	93 ²	39	50	46	14	55
<i>Crepis paludosa</i>	40	–	–	70	100 ³	92 ⁴	71	73
<i>Daphne mezereum</i>	20	20	36	18	50	62	29	18
<i>Deschampsia cespitosa</i>	20	60	7	21	100	15	50	100
<i>Deschampsia flexuosa</i>	80 ²	40	36	15	33	8	14	9
<i>Diplazium sibiricum</i>	–	–	–	9	–	54 ⁵	–	–
<i>Dryopteris expansa</i>	40	40	57	85 ⁵	33	38	14	–
<i>Dryopteris filix-mas</i>	20	80 ³	21	18	17	–	36	–
<i>Elymus caninus</i>	20	–	7	6	17	54	64	27
<i>Equisetum pratense</i>	–	–	21	21	50	70	43	46
<i>Equisetum sylvaticum</i>	20	–	–	27	50	77	43	64
<i>Filipendula ulmaria</i>	–	60	7	36	100 ⁴	100 ³	93 ⁴	91 ⁵
<i>Fragaria vesca</i>	20	60	50	18	67	15	7	46
<i>Geum rivale</i>	–	60	14	27	100	100	86	91 ²
<i>Phegopteris connectilis</i>	60	–	7	94 ³	100 ³	92 ⁴	71	46
<i>Prunella vulgaris</i>	20	–	7	6	67	23	–	18
<i>Prunus padus</i>	40	40	21	46	100	92	50	64
<i>Ranunculus repens</i>	20	20	7	3	50	31	79	73
<i>Rosa acicularis</i>	–	20	14	18	67	46	7	–
<i>Solidago virgaurea</i>	80	–	86	52	50	31	–	27
<i>Stachys sylvatica</i>	–	40	–	–	–	15	57	–
<i>Vaccinium myrtillus</i>	100 ⁵	20	93	76	83	46	7	46
<i>Vaccinium vitis-idaea</i>	80	20	57	21	67	23	–	18
<i>Veronica officinalis</i>	60	20	14	6	17	8	14	18
<i>Viola epipsila</i>	20	–	7	24	83	38	64	82 ²
<i>Viola mirabilis</i>	20	20	50	18	17	23	14	18
<i>Viola palustris</i>	–	–	–	9	50	8	21	27
<i>Viola riviniana</i>	80	40	50	30	50	8	7	27

caea alpina and *Stachys sylvatica*.

Most of the divisions at the fourth level seemed to be of minor ecological and phyto-sociological importance. The herb-dominated mesic sites ($n = 19$) were divided further into the *Oxalis acetosella*–*Rubus saxatilis* ($n = 5$) and *Oxalis acetosella*–*Maianthemum bifolium* clusters ($n = 14$). The *Oxalis acetosella*–*Rubus saxatilis* cluster (2) was characterized by the name species and *Dryopteris filix-mas*, *D. carthusiana*, *Gymnocarpium dryopteris*, *Alnus incana*, *Rubus idaeus*, *Fragaria vesca* and *Carex digitata*. Typical species for the *Oxalis acetosella*–*Maianthemum bifolium* cluster (3) including the name species were *Calamagrostis arundinacea*, *Convallaria majalis*, *Melica nutans*, *Rubus saxatilis*, *Carex digitata*, *Dryopteris expansa*, *Actaea spicata* and *Viola mirabilis*.

The northern fern-rich forests ($n = 19$) were further divided into the *Crepis paludosa*–*Phegopteris connectilis* ($n = 6$) and *Athyrium filix-femina*–*Phegopteris connectilis* clusters ($n = 14$). The *Crepis paludosa*–*Phegopteris connectilis* cluster (5) was also characterized by *Deschampsia cespitosa* and *Rubus saxatilis* as well as hydrophilous species, such as *Filipendula ulmaria*, *Geum rivale*, *Viola epipsila*, *V. palustris*, *Cirsium palustre* and *Equisetum pratense*. Other typical species were *Prunus padus*, *Geranium sylvaticum*, *Paris quadrifolia*, *Prunella vulgaris* and

Rosa acicularis. Characteristic species for the *Athyrium filix-femina*–*Phegopteris connectilis* cluster (6) including the name species were *Diplazium sibiricum*, *Crepis paludosa*, *Filipendula ulmaria*, *Geranium sylvaticum*, *Geum rivale* and *Prunus padus*. Other describing species were *Equisetum pratense*, *Daphne mezereum*, *Elymus caninus* and *Rubus idaeus*.

Discussion

Description of herb-rich forests

The diversity of the herb-rich forest site types is high in the study area for many reasons: Firstly, Koli is located in the transition area between the southern and middle boreal zones. Consequently, vegetation includes both northern and southern features. Secondly, the topography of the area offers many different habitats. Thirdly, the alkaline rocks, such as diabase, maintain calciphilous and relict flora.

The field classified site types were combined into the eight main ecological types as follows:

- Mesic, low-herb-dominated sites:
Oxalis acetosella–*Maianthemum bifolium* group (OMa)

Table 8. Characteristic species composition ("constant" species) of the TWINSpan clusters. Numbers represent frequencies (%) in each cluster. Mean coverages greater than 2% are identified as follows: ² = 2.1%–5%, ³ = 5.1%–10%, ⁴ = 10.1%–20%, ⁵ = 20.1%–30%, ⁶ = 30.1%–40%, ⁷ = 40.1%–50%, ⁸ > 50.1%.

Species	1	2	3	4	5	6	7	8
<i>Alnus incana</i>	40	100 ²	64	70	83	46	64	64
<i>Angelica sylvestris</i>	60	60	79	42	83	70	50	91 ²
<i>Athyrium filix-femina</i>	60	80 ²	14	97 ⁵	100 ⁴	100 ⁵	86 ⁵	55
<i>Dryopteris carthusiana</i>	40	80 ³	50	39	50	38	71	82
<i>Geranium sylvaticum</i>	60	60	71	82	100	100 ²	71	91 ²
<i>Gymnocarpium dryopteris</i>	80 ²	100 ³	93 ⁴	97 ⁴	100 ²	100 ²	100 ²	73
<i>Luzula pilosa</i>	80	60	50	58	83	31	36	46
<i>Maianthemum bifolium</i>	100 ⁴	100 ²	100 ²	100 ²	100 ²	100	100 ²	82
<i>Melica nutans</i>	100	60	93	67	83	92	71	64
<i>Oxalis acetosella</i>	80 ³	100 ⁵	100 ⁴	97 ²	100 ³	100 ²	100 ³	64
<i>Paris quadrifolia</i>	40	60	57	73	100	77	57	100
<i>Rubus idaeus</i>	40	100 ²	79	85	67	92	64	91 ²
<i>Rubus saxatilis</i>	80 ³	100	86	73	83 ³	70	29	73
<i>Sorbus aucuparia</i>	100	–	79	73	83	62	43	55
<i>Trientalis europaea</i>	100	100	93	94	83	100	79	82
<i>Viola selkirkii</i>	60	60	71	42	67	77	64	46

Oxalis acetosella–*Rubus saxatilis* group (OR)

Dryopteris filix-mas–*Viola mirabilis* group (PuV)

- Moist, fern-rich sites:

Athyrium filix-femina–*Dryopteris expansa* group (AAs)

Athyrium filix-femina group (Ath)

Diplazium sibiricum group (Dip)

Matteuccia struthiopteris group (Mat)

- Moist, tall-herb-dominated sites:

Filipendula ulmaria group (OFi)

Sample plots were grouped by TWINSPAN as follows:

Vaccinium myrtillus–*Maianthemum bifolium* cluster (1)

Oxalis acetosella–*Rubus saxatilis* cluster (2)

Oxalis acetosella–*Maianthemum bifolium* cluster (3)

Athyrium filix-femina–*Dryopteris expansa* cluster (4)

Crepis paludosa–*Phegopteris connectilis* cluster (5)

Athyrium filix-femina–*Phegopteris connectilis* cluster (6)

Athyrium filix-femina–*Ranunculus repens* cluster (7)

Filipendula ulmaria–*Angelica sylvestris* cluster (8)

On the whole, the classification methods used here complemented each other. The ecological groups were based on an *a priori* typification. Multivariate analyses brought new points for classification, such as southern and northern aspect. The aim was to find enough clear and large vegetation groups to describe the characteristic features of the flora.

Specific features of vascular plant communities in Koli

The Koli area offers different habitats for many species. Cold and moist eastern and northern slopes are ideal habitats for arctic and taiga species. Eastern calcium rich slopes, in particular, maintain demanding northern, eastern and south-

ern flora (Kalliola 1973). Moist and shaded forest valleys offer sites for hydrophilous herbs, ferns and sedges. Southern species grow mainly on warm and sub-dry western and southern slopes.

Northern and eastern species and features were characteristic for the herb-rich forests studied. A rare northern taiga species, *Diplazium sibiricum*, was abundant on the luxuriant fern-rich sites of the eastern slopes. Other characteristic species for the eastern herb-rich forests, such as *Rosa acicularis*, *Viola selkirkii*, *Crepis paludosa*, *Equisetum pratense* and *Actaea spicata* (Kalliola 1973), were common on the studied plots. In addition, *Geranium sylvaticum* and *Gymnocarpium dryopteris* were abundant on many sites, which is typical for the northern forests (Sepponen *et al.* 1982, Alanen *et al.* 1996, Kuusipalo 1996). However, other rare eastern taiga species, *Glyceria lithuanica* and *Carex rhynchophylla* (Ruotsalo 1958, Tuomikoski 1958a, Hakalisto 1987, Lyytikäinen 1991), occurred sporadically in the study area (Appendix). According to Sonck (1964), these species usually grow together and they have only a couple of habitats in Koli.

The data included the following southern species for which the northernmost habitat is Koli: *Tilia cordata*, *Aegopodium podagraria*, *Epipactis helleborine*, *Galium odoratum*, *Mycelis muralis*, *Stachys sylvatica*, *Scrophularia nodosa*, *Vicia sylvatica* and *Poa remota* (Jalas 1958, 1965d, 1980c, 1980d, Roivainen 1958, Kujala 1965, Skult 1980, Suominen 1980, Hakalisto 1987). These species, except for the quite abundant *Stachys sylvatica*, occurred sporadically on the plots (Appendix). However, other southern species, e.g. *Lonicera xylosteum*, *Dryopteris filix-mas*, *Matteuccia struthiopteris*, *Circaea alpina* and *Viola mirabilis* were quite common on the plots. These species occur in the middle boreal zone, but not as abundantly as in the southern boreal zone (Tuomikoski 1958c, 1958e, Hämet-Ahti 1980b, Jalas 1980b, 1980e).

Vascular plants as site indicators

The results of this study referred that moisture, shading and nutrients were the most important factors in classifying and ordinating the sample plots.

In fact, the classification of boreal forests is based mainly on moisture and fertility (Kuusipalo 1985, Lahti & Väisänen 1987). Moisture is the most important, and fertility the second important factor in classifying herb-rich forests (Huttunen 1982a, 1982b, Lahti & Väisänen 1987, Kaakinen 1992).

The first axis of DCA indicates probably the moisture gradient. The vegetation changed gradually from the mesic to the moist sites (Fig. 5). Drought-tolerant species, e.g. *Vaccinium vitis-idaea* and *Dryopteris filix-mas* received lower values than hydrophilous ferns, such as *Phegopteris connectilis*, *Athyrium filix-femina* and *Matteuccia struthiopteris* (Hämet-Ahti *et al.* 1998). However, hydrophilous herbs, e.g. *Potentilla erecta*, *Anthriscus sylvestris*, *Cirsium palustre* and *Cirsium helenioides* received lower values than the hydrophilous ferns. It might be due to that these herbs reflect other factors, e.g., earlier land use, more than moisture (Linkola 1916, Jalas 1953).

However, the axes are ecologically complex factors and they have more than one interpretation. Thus, the first axis of DCA might also indicate soil fertility or acidity. In this study, species specialized in the herb-rich forests received higher values for the first axis than the typical species for the heath forests, except for *Dryopteris carthusiana* (Fig. 5). Owing to the very wide habitat amplitude, *D. carthusiana* is able to success on different site types (Nousiainen 2001). Abundance of the species specialized in the herb-rich forests often indicates high fertility (Huttunen 1982b). In the Koli area, these species include *Daphne mezereum*, *Lonicera xylosteum*, *Rosa acicularis*, *Elymys caninus*, *Glyceria lithuanica*, *Milium effusum*, *Diplazium sibiricum*, *Dryopteris expansa*, *Equisetum pratense*, *Matteuccia struthiopteris*, *Actaea spicata*, *Circaea alpina*, *Epipactis helleborine*, *Galium triflorum*, *Listera ovata*, *Paris quadrifolia*, *Stachys sylvatica*, *Viola mirabilis* and *V. selkirkii* (Hakalisto 1987, Kärkkäinen 1994).

Species favoring springs and brook-sides, e.g. *Tussilago farfara* and *Crepis paludosa* as well as calciphilous species, e.g. *Diplazium sibiricum* and *Daphne mezereum* also received higher values for the first axis than other typical species for the herb-rich forests (Fig. 5). Abundance of *Daphne mezereum*, *Crepis paludosa* or *Diplazium sibiricum* might indicate high calcium

content on the soil surface (Pankakoski 1939, Kalliola 1958, Dahlskog 1980). Calciferous bedrock has an effect on vegetation, particularly if the soil layer above is thin enough. Moreover, flowing water (brooks, springs) might have a calcium-like-effect (Pesola 1929).

The second axis of DCA probably indicates light conditions. Pioneers, such as meadow species and other sun plants received higher values for the second axis than shade plants (Fig. 5.). Photophilous plants, e.g. *Carex flava*, *Matteuccia struthiopteris*, *Epilobium angustifolium*, *Filipendula ulmaria*, *Geum rivale*, *Potentilla erecta* and *Viola canina* (Palmgren 1958, Tuomikoski 1958e, 1965, Jalas 1965b, Hämet-Ahti *et al.* 1998, Silfverberg 2001b, Vanha-Majamaa 2001a) seemed to be the most abundant on young deciduous forests or open sites. Sciophilous plants, e.g. *Actaea spicata*, *Dryopteris expansa*, *Circaea alpina*, *Linnaea borealis* and *Platanthera bifoliata* (Cedercreutz 1958, Tuomikoski 1958b, Jalas 1965a, 1980b, Salemaa 2001a) favored spruce-dominated forests and eastern slopes. However, *Circaea alpina* received higher values than other shade plants. It might be due to its habit to grow under the tall ferns (Jalas 1980b).

Additional interpretation of the second axis could be earlier land use (agriculture, slash-and-burn culture, woodland pastures and hay-meadows). Some culture-favoring species, such as *Potentilla erecta*, *Ranunculus auricomus*, *Urtica dioica*, *Anthriscus sylvestris* and *Epilobium angustifolium* (Marklund 1965, Pettersson 1965, Hämet-Ahti 1980a, Silfverberg 2001b, Vanha-Majamaa 2001a), had relatively high values for the second axis. In the Koli area, the following species are culture-favoring: *Alchemilla* sp., *Anthriscus sylvestris*, *Deschampsia cespitosa*, *Fragaria vesca*, *Prunella vulgaris*, *Ranunculus acris*, *R. auricomus*, *Urtica dioica* and *Veronica officinalis* (Kärkkäinen 1994). In this study, however, the coverage of these species was quite low.

Evaluation of herb-rich forest site types

Constant and indicator species

Constant species are common, but not very abundant in the region (Kuusipalo 1996).

Indicator species should reflect site properties reliably (abundance) and they should also be constant enough (frequency) for describing the region (Kuusipalo 1985). In this study, the most describing indicator species were chosen by TWINSPAN (see Fig. 6). These species were e.g., *Dryopteris expansa* and *Phegopteris connectilis* at abundance level four (coverage > 10%), *Vaccinium myrtillus* at abundance level three (coverage 5.1%–10%), *Filipendula ulmaria*, *Angelica sylvestris*, *Convallaria majalis* and *Circaea alpina* at abundance level two (coverage 2.1%–5%) and *Deschampsia cespitosa*, *Solidago virgaurea* and *Rosa acicularis* at abundance level one (coverage 0.1%–2%).

Dryopteris expansa and *Vaccinium myrtillus* had the highest coverage on the poorest spruce-dominated slopes of the OMa and AAs groups (Tables 5, 9 and 10). Abundance of these species indicated primarily moderate shading. They might also indicate soil acidity, because both species favor acidic, shaded sites and avoid calciferous, very fertile sites (Tuomikoski 1958b, Salemaa 2001b). *Dryopteris expansa* is a typical species for the moderate fertile, shaded rocky sites (Tuomikoski 1958b) and *Vaccinium myrtillus* for the closed, spruce-dominated heath forests (Kuusipalo 1996).

Phegopteris connectilis was characteristic for the moist fern-dominated sites and *Angelica sylvestris*, *Deschampsia cespitosa* and *Filipendula ulmaria* for the moist herb-dominated sites

(Tables 5 and 7). Abundance of *Phegopteris connectilis*, *Angelica sylvestris*, *Deschampsia cespitosa* and *Filipendula ulmaria* indicated at least moderate fertility and moisture. In addition, *Phegopteris connectilis* reflected shading, whilst *Angelica sylvestris*, *Deschampsia cespitosa* and *Filipendula ulmaria* reflected openness. These species are quite demanding in terms of nutrients and moisture (Tuomikoski 1958d, Jalas 1965b, 1980a, Silfverberg 2001a). In addition *Angelica sylvestris*, *Deschampsia cespitosa* and *Filipendula ulmaria* favor open, fertile and culture-affected sites, such as meadows, young deciduous forests and moist clear-cutting areas (Jalas 1965b, 1980a, Silfverberg 2001a). *Phegopteris connectilis* is a type plant for the moist herb-rich forests (Alanen *et al.* 1996), and it is also demanding in terms of shading (Tuomikoski 1958d).

Convallaria majalis was the most abundant on the mesic OMa and luxuriant PuV sites, but *Solidago virgaurea* was typical for all OMa sites (Tables 5 and 7). In this study, both species indicated primarily mesic conditions and secondarily early succession stages. In addition, abundance of *Convallaria majalis* might also indicate moderate fertility, because in the middle boreal vegetation zone it is the most abundant in the luxuriant herb-rich forests (Tonteri 2001a). However, *Convallaria majalis* is common, but light green and sterile in young and open heath forests. *Solidago virgaurea* is typical for the sunny sites,

Table 9. Dominant tree species and succession stages of the studied groups (%). Numbers represent frequencies (%) in each group. Succession stages: I = initial stage (0–20 years); mainly saplings, II = intermediate stage (21–80 years); young or almost mature forests, III = climax (80–250 years); mature, over mature and old forests.

Dominant tree sp.	OMa	OR	PuV	AAs	Ath	Dip	Mat	OFi
<i>Alnus incana</i>	21	57	75	39	29	40	30	42
<i>Betula pendula</i>	–	14	25	–	29	20	–	–
<i>Betula pubescens</i>	5	–	25	22	7	–	20	37
<i>Picea abies</i>	68	57	50	50	57	40	40	26
<i>Pinus sylvestris</i>	11	14	–	–	14	–	–	5
<i>Populus tremula</i>	21	–	–	11	–	10	–	–
<i>Sorbus aucuparia</i>	5	–	–	–	–	–	–	–
<i>Salix caprea</i>	–	–	–	–	–	–	10	–
Forest age								
I) 0–20 yr.	5	–	25	–	–	–	10	16
II) 21–80 yr.	68	43	50	72	79	60	60	68
III) 81–250 yr.	26	57	25	28	21	40	30	16

especially for the grove-like heath forests (OMT) (Tonteri 2001b). Both species are common in young and open heath forests (Kuusipalo 1996).

Circaea alpina was typical for the southern and *Rosa acicularis* for the northern fern-rich forests (Table 7). The first one seemed to indicate primarily southern features (long growing season, warm conditions) and the second one northern features (short growing season, cold and humid conditions). *Circaea alpina* is a typical species for the southern fern-rich forests (AthT, MaT), but it occurs sporadically in the middle- and northern-boreal zones (Jalas 1980b, Meriluoto & Soininen 1998). In Finland, *Rosa acicularis* is a quite demanding eastern and northeastern species in terms of nutrients and moisture (Jalas 1965c). In eastern Fennoscandia, it is common only in North Karelia, eastern Finland and in Aunus in the neighboring Karelian Republic, Russia (Jalas 1965c).

Comparison between forest site types and multivariate analyses

Interpretation of the results was based on the field classification and multivariate analyses. The multivariate methods bring supplementary, objectivity to the analyses and to the presentation of the results. The methods can be used as tools; e.g. in order to pay more attention to certain species and abundance criteria when speci-

fying and identifying more traditional vegetation types. Some degree of subjectivity is needed in defining the program parameters, as well as in the final compilation of results (Oksanen 1984). As pointed out by Oksanen (1984), the classifier must be responsible for his results; he cannot hide behind "objective" methods.

DCA ordination of the whole data set (Figs. 4 and 5) yielded quite low eigenvalues. In addition, the eigenvalues did not differ a lot between different site types and there was no clear main gradient. This might indicate that a large number of environmental factors have an effect on herb-rich forest vegetation (Heikkinen 1991). Low eigenvalues might suggest that random variation in species composition play a relatively significant role (Gauch 1982, Heikkinen 1991). However, the field-classified site types and the ordination results corresponded quite well to each other's (Fig. 4). The clearest correspondence between the ordination results and the site typification occurred in the case of *Diplazium sibiricum* site types. Another clear correspondence was between the moist herb-rich forest types and the ordination results.

For example, TWINSpan brought out an aspect of northern and southern forest site types that was not taken into consideration in the site typification. Moreover, classification in the field was quite difficult, because many types were "mixed" with diverse vegetation or representing intermediate succession stages (Tables 9 and 10).

Table 10. Dominant tree species and succession stages of the TWINSpan clusters. Numbers represent frequencies (%) in each cluster. Succession stages: I = initial stage (0–20 years); mainly saplings, II = intermediate stage (21–80 years); young or almost mature forests, III = climax (80–250 years); mature, over mature and old forests.

Dominant tree sp.	1	2	3	4	5	6	7	8
<i>Alnus incana</i>	20	60	29	30	17	38	43	55
<i>Betula pendula</i>	–	–	7	–	–	23	7	–
<i>Betula pubescens</i>	–	–	21	17	17	15	36	36
<i>Picea abies</i>	60	80	64	64	50	38	29	–
<i>Pinus sylvestris</i>	40	–	7	3	17	–	–	9
<i>Populus tremula</i>	–	–	21	9	–	8	–	9
<i>Sorbus aucuparia</i>	–	–	–	3	–	–	–	–
<i>Salix caprea</i>	–	–	–	–	–	–	7	–
Forest age								
I) 0–20 yr.	–	–	7	–	–	–	7	27
II) 21–80 yr.	60	80	57	61	67	85	79	64
III) 81–250 yr.	40	20	36	39	33	15	14	9

Especially, it was difficult to classify the moist tall-herb-dominated sites with high abundance of ferns. In addition, differences between sub-dry and mesic OMaT sites were small. TWINSPAN divided the heterogeneous OMa group into the sub-dry, luxuriant mesic and moderate fertile mesic sites (Fig. 6). In addition, the traditional OMaT sites include a wide range of mesic herb-rich forests (Alanen *et al.* 1996, Kuusipalo 1996). Nevertheless, TWINSPAN did not separate *Diplazium sibiricum*-dominated sites into the own group despite of high coverage of *Diplazium sibiricum* in these sites.

Comparison between earlier and previous forest site types

The *Oxalis acetosella*–*Maianthemum bifolium* group (OMa) as well as the *Oxalis acetosella*–*Maianthemum bifolium* cluster (3) were quite similar to the traditional OMaT (Alanen *et al.* 1996, Kuusipalo 1996). However, the studied sites were more luxuriant in vegetation in terms of specialized herb-rich forest species, such as *Dryopteris expansa* and *Actaea spicata*. These species are not typical for the traditional type (Cajander 1926, Kuusipalo 1996). Furthermore, the *Vaccinium myrtillus*–*Maianthemum bifolium* cluster (1) corresponded quite well to the traditional OMaT. This cluster also had some features of the VRT (Alanen *et al.* 1996).

The *Oxalis acetosella*–*Rubus saxatilis* group (OR) corresponded well to the earlier described GORT (Kuusipalo 1996). In addition, a typical species for the PuViT sites, *Viola mirabilis* was characteristic for the OR group. Nevertheless, the *Oxalis acetosella*–*Rubus saxatilis* cluster (2) reminded more the described ORT than GORT (Alanen *et al.* 1996). The *Dryopteris filix-mas*–*Viola mirabilis* group (PuV) corresponded well to the *Pulmonaria-Viola* site type (PuViT) described in literature (Alanen *et al.* 1996). However, TWINSPAN divided the sites of the PuV group into the *Oxalis acetosella*–*Rubus saxatilis* (2), *Oxalis acetosella*–*Maianthemum bifolium* (3) and *Athyrium filix-femina*–*Ranunculus repens* (7) clusters (see Fig. 6).

In this study, all sites dominated by *Dryopteris expansa* were included to the *Athyrium*

filix-femina–*Dryopteris expansa* group (AAs). The group and the *Athyrium filix-femina*–*Dryopteris expansa* cluster (4) reminded each other, and their vegetation composition corresponded quite well to the earlier described AthAssT (Kärkkäinen 1994, Alanen *et al.* 1996). Typical species to the AthAssT, such as *Scrophularia nodosa* and hydrophilous herbs, did not occur on the studied sites (Alanen *et al.* 1996, Kuusipalo 1996). However, the TWINSPAN cluster was more luxuriant than the type described in literature. In fact, it reminded the AthAssT of Tohmajärvi excluding *Aconitum septentrionale*, *Stellaria nemorum* and *Aegopodium podagraria* (Ratia & Timonen 1975).

The *Athyrium filix-femina* group (Ath) reminded both AthT and AthOT sites described in literature (Alanen *et al.* 1996, Kuusipalo 1996). The *Crepis paludosa*–*Phegopteris connectilis* cluster (5) was quite similar to the AthT, although it had many features of the GOFiT. The studied sites were more luxuriant in vegetation than the traditional AthT or AthOT. Nevertheless, typical southern species of the AthT, such as *Stellaria nemorum* and *Scrophularia nodosa*, did not occur on the studied plots (Alanen *et al.* 1996, Kuusipalo 1996). The TWINSPAN cluster (5) also corresponded well to the *Filipendula ulmaria*–*Phegopteris connectilis* group of the earlier study in Koli (Kärkkäinen 1994). However, TWINSPAN divided the most sites of the *Athyrium filix-femina* group into the *Athyrium filix-femina*–*Dryopteris expansa* cluster (4) (Fig. 6).

The *Diplazium sibiricum* group (Dip) corresponded well to the DipIT sites of literature (Alanen *et al.* 1996, Kuusipalo 1996). Some typical species for the DipIT, such as *Stellaria nemorum* and *Cinna latifolia*, were not found from the studied sites. The *Athyrium filix-femina*–*Phegopteris connectilis* cluster (6) also reminded the DipIT, although *Diplazium sibiricum* did not occur on all the plots. However, the cluster (6) had many features of the GOFiT sites. Furthermore, the Dip group and the cluster corresponded well to the *Diplazium sibiricum*–*Athyrium filix-femina* group of the earlier study in Koli (Kärkkäinen 1994).

The *Matteuccia struthiopteris* group (Mat) was similar to the MaT sites described in litera-

ture (Alanen *et al.* 1996). The following characteristic species of the MaT were not found from the studied plots: *Stellaria nemorum*, *Glyceria lithuanica*, *Poa remota* and *Cinna latifolia* (Kuusipalo 1996). Vegetation composition of the *Athyrium filix-femina*–*Ranunculus repens* cluster (7) reminded the MaT, although *Matteuccia struthiopteris* did not occur on all plots. The cluster (7) also had features of the OFiT and AthT. In addition, the group and cluster corresponded well to the *Matteuccia struthiopteris*–*Ranunculus auricomus* group of the previous study in Koli (Kärkkäinen 1994). *Ranunculus repens*, however, was more common on the studied plots than *Ranunculus auricomus*.

The *Filipendula ulmaria* group (OFi) corresponded well to the OFiT and GOFiT described in literature (Alanen *et al.* 1996, Kuusipalo 1996). Moreover, culture-favoring species were abundant on some plots, which is quite typical to the herb-rich forests of the Koli area (Kärkkäinen 1994). The *Filipendula ulmaria*–*Angelica sylvestris* cluster (8) reminded the GOFiT and GFiT sites described in literature (Kuusipalo 1996) and the *Aconitum*–*Filipendula* sites (AT) of Kitee and Tohmajärvi (Ratia & Timonen 1975). However, some typical species to the AT, such as *Aconitum septentrionale* and *Aegopodium podagraria*, did not occur on the studied sites.

Conclusions and prospects for future work

Boreal herb-rich forests are important ecosystems for maintaining biological diversity in Finnish forests. They differ from hemiboreal deciduous forests and herb-grass forests in many ways, because they have unique features due to the northernmost habitats of the specialized herb-rich forest species. For example, spring herbs are rare or absent from the northern parts of the southern boreal zone. Boreal herb-rich forests are also more luxuriant and richer in vascular plant species than boreal heath forests. Moreover, most of the threatened forest plants (80%) grow in the herb-rich forests, which cover less than 1% of the total forest area in Finland. Due to rarity and biological diversity, it is important to preserve existing herb-rich for-

ests vitality and large enough by protection and legislation.

In eastern Finland, most herb-rich forests centered to the surroundings of Kuopio, Kitee and Tohmajärvi. Koli is an important inter-area between these two districts and a significant patch for species dispersion from middle Karelia to Kainuu. The quite high variation of vegetation is mainly due to variable topography and bedrock. In addition, herb-rich forests of the Koli area are significant for maintaining eastern and northern taiga species, such as *Diplazium sibiricum*, *Glyceria lithuanica*, *Carex rhynchophylla*, *Viola selkirkii* and *Rosa acicularis*. The *Diplazium sibiricum* communities should deserve special attention, because they are rare in the whole EU area, excluding Kuusamo and middle Karelia.

This study should be seen as a basic work for describing herb-rich forest vegetation in the Koli area. The next important task is to explore reasons for the variation in vegetation. For this purpose, it might be essential to study the effects of soil total nutrients and acidity on the vegetation structure.

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Appendix. All vascular plant species on the sample plots in the study area, abbreviations and frequencies. Number of sample plots is 101 and total number of species 167.

Species	Abbr.	Freq.	Species	Abbr.	Freq.
<i>Actaea spicata</i>	Act spi	36	<i>Cirsium palustre</i>	Cir pal	9
<i>Aegopodium podagraria</i>	Aeg pod	1	<i>Convallaria majalis</i>	Con maj	46
<i>Agrostis capillaris</i>	Agr cap	10	<i>Corallorhiza trifida</i>	Cor tri	1
<i>Agrostis stolonifera</i>	Agr sto	2	<i>Crepis paludosa</i>	Cre pal	61
<i>Alchemilla</i> sp.	Alc sp.	3	<i>Cypripedium calceolus</i>	Cyp cal	2
<i>Alchemilla vulgaris</i>	Alc vul	8	<i>Dactylis glomerata</i>	Dac glo	2
<i>Alnus incana</i>	Aln inc	66	<i>Dactylorhiza maculata</i>	Dac mac	4
<i>Andromeda polifolia</i>	And pol	1	<i>Daphne mezereum</i>	Dap mez	30
<i>Angelica sylvestris</i>	Ang syl	62	<i>Deschampsia cespitosa</i>	Des ces	38
<i>Anthoxanthum odoratum</i>	Ant odo	1	<i>Deschampsia flexuosa</i>	Des fle	22
<i>Anthriscus sylvestris</i>	Ant syl	16	<i>Diplazium sibiricum</i>	Dip sib	10
<i>Athyrium filix-femina</i>	Ath fil	78	<i>Dryopteris carthusiana</i>	Dry car	53
<i>Barbarea stricta</i>	Bar str	3	<i>Dryopteris cristata</i>	Dry cri	2
<i>Betula pubescens</i>	Bet pub	8	<i>Dryopteris expansa</i>	Dry exp	49
<i>Botrychium lunaria</i>	Bot lun	1	<i>Dryopteris filix-mas</i>	Dry fil	20
<i>Calamagrostis arundinacea</i>	Cal aru	58	<i>Elymus caninus</i>	Ely can	24
<i>Calamagrostis canescens</i>	Cal can	11	<i>Epilobium angustifolium</i>	Epi ang	18
<i>Calamagrostis purpurea</i>	Cal pur	28	<i>Epilobium montanum</i>	Epi mon	2
<i>Calla palustris</i>	Cal pal	1	<i>Epipactis helleborine</i>	Epi hel	2
<i>Caltha palustris</i>	Cit pal	9	<i>Epipogium aphyllum</i>	Epi aph	1
<i>Campanula glomerata</i>	Cam glo	1	<i>Equisetum arvense</i>	Equ arv	5
<i>Campanula rotundifolia</i>	Cam rot	1	<i>Equisetum fluviatile</i>	Equ flu	1
<i>Carex buxbaumii</i>	Car bux	1	<i>Equisetum palustre</i>	Equ pal	6
<i>Carex canescens</i>	Car can	10	<i>Equisetum pratense</i>	Equ pra	33
<i>Carex cespitosa</i>	Car ces	1	<i>Equisetum sylvaticum</i>	Equ syl	36
<i>Carex digitata</i>	Car dig	29	<i>Festuca ovina</i>	Fes ovi	1
<i>Carex echinata</i>	Car ech	3	<i>Filipendula ulmaria</i>	Fil ulm	58
<i>Carex elongata</i>	Car elo	2	<i>Fragaria vesca</i>	Fra ves	29
<i>Carex flava</i>	Car fla	4	<i>Galeopsis bifida</i>	Gal bif	13
<i>Carex globularis</i>	Car glo	1	<i>Galium boreale</i>	Gal bor	1
<i>Carex loliacea</i>	Car lol	7	<i>Galium palustre</i>	Gal pal	3
<i>Carex pallescens</i>	Car pal	8	<i>Galium trifidum</i>	Gal tfi	11
<i>Carex rhynchophylla</i>	Car rhy	1	<i>Galium triflorum</i>	Gali tfl	21
<i>Carex</i> sp.	Car sp.	2	<i>Galium uliginosum</i>	Gal uli	2
<i>Carex vaginata</i>	Car vag	1	<i>Geranium sylvaticum</i>	Ger syl	82
<i>Circaea alpina</i>	Cir alp	13	<i>Geum rivale</i>	Geu riv	57
<i>Cirsium helenioides</i>	Cir hel	8	<i>Glyceria lithuanica</i>	Gly lit	2

Appendix. Continued.

Species	Abbr.	Freq.	Species	Abbr.	Freq.
<i>Gymnocarpium dryopteris</i>	Gym dry	94	<i>Prunella vulgaris</i>	Pru vul	14
<i>Hieracium pilosella-coll.</i>	Hie pil	1	<i>Prunus padus</i>	Pru pad	54
<i>Hieracium sylvatica-coll.</i>	Hie syl	7	<i>Pteridium aquilinum</i>	Pte aqu	13
<i>Hieracium vulgata-coll.</i>	Hie vul	4	<i>Pyrola minor</i>	Pyr min	19
<i>Huperzia selago</i>	Hup sel	2	<i>Pyrola rotundifolia</i>	Pyr rot	6
<i>Hypericum maculatum</i>	Hyp mac	11	<i>Ranunculus acris</i>	Ran acr	1
<i>Impatiens glandulifera</i>	Imp gla	1	<i>Ranunculus auricomus</i>	Ran aur	8
<i>Juniperus communis</i>	Jun com	5	<i>Ranunculus repens</i>	Ran rep	31
<i>Lathyrus pratensis</i>	Lat pra	1	<i>Rhamnus frangula</i>	Rha fra	9
<i>Linnaea borealis</i>	Lin bor	11	<i>Ribes rubrum</i>	Rib rub	2
<i>Listera ovata</i>	Lis ova	12	<i>Ribes spicatum</i>	Rib spi	9
<i>Lonicera xylosteum</i>	Lon xyl	16	<i>Rosa acicularis</i>	Ros aci	20
<i>Luzula pilosa</i>	Luz pil	51	<i>Rosa majalis</i>	Ros maj	1
<i>Lycopodium annotinum</i>	Lyc ann	22	<i>Rubus arcticus</i>	Rub arc	5
<i>Lycopodium clavatum</i>	Lyc cla	1	<i>Rubus idaeus</i>	Rub ida	81
<i>Lysimachia thysiflora</i>	Lys thy	4	<i>Rubus saxatilis</i>	Rub sax	73
<i>Lysimachia vulgaris</i>	Lys vul	6	<i>Rumex acetosa</i>	Rum ace	1
<i>Lythrum salicaria</i>	Lyt sal	1	<i>Salix caprea</i>	Sal cap	6
<i>Maianthemum bifolium</i>	Mai bif	98	<i>Salix pentandra</i>	Sal pen	1
<i>Matteuccia struthiopteris</i>	Mat str	11	<i>Salix phylicifolia</i>	Sal phy	6
<i>Melampyrum pratense</i>	Mel pra	9	<i>Salix sp.</i>	Sal sp.	3
<i>Melampyrum sylvaticum</i>	Mel syl	28	<i>Scirpus sylvaticus</i>	Sci syl	1
<i>Melica nutans</i>	Mel nut	77	<i>Scrophularia nodosa</i>	Scr nod	1
<i>Mentha arvensis</i>	Men arv	1	<i>Scutellaria galericulata</i>	Scu gal	3
<i>Menyanthes trifoliata</i>	Men tri	1	<i>Silene dioica</i>	Sil dio	2
<i>Milium effusum</i>	Mil eff	31	<i>Solidago virgaurea</i>	Sol vir	43
<i>Moehringia trinervia</i>	Moe tri	1	<i>Sorbus aucuparia</i>	Sor auc	66
<i>Moneses uniflora</i>	Mon uni	4	<i>Stachys sylvatica</i>	Sta syl	12
<i>Mycelis muralis</i>	Myc mur	1	<i>Stellaria media</i>	Stel med	2
<i>Orthilia secunda</i>	Ort sec	28	<i>Trientalis europaea</i>	Tri eur	91
<i>Oxalis acetosella</i>	Oxa ace	95	<i>Tussilago farfara</i>	Tus far	8
<i>Paris quadrifolia</i>	Par gua	72	<i>Urtica dioica</i>	Urt dio	12
<i>Parnassia palustris</i>	Par pal	1	<i>Vaccinium myrtillus</i>	Vac myr	62
<i>Peucedanum palustre</i>	Peu pal	2	<i>Vaccinium vitis-idaea</i>	Vac vit	29
<i>Phegopteris connectilis</i>	Phe con	68	<i>Valeriana sambucifolia</i>	Val sam	1
<i>Picea abies</i>	Pic abi	41	<i>Veronica chamaedrys</i>	Ver cha	7
<i>Pinus sylvestris</i>	Pin syl	1	<i>Veronica officinalis</i>	Ver off	14
<i>Platanthera bifolia</i>	Pla bif	4	<i>Viburnum opulus</i>	Vib opu	7
<i>Poa nemoralis</i>	Poa nem	4	<i>Vicia sepium</i>	Vic sep	5
<i>Poa palustris</i>	Poa pal	3	<i>Viola canina</i>	Vio can	3
<i>Poa remota</i>	Poa rem	1	<i>Viola epipsila</i>	Vio epi	38
<i>Poa sp.</i>	Poa sp.	1	<i>Viola mirabilis</i>	Vio mir	23
<i>Poa trivialis</i>	Poa tri	2	<i>Viola palustris</i>	Vio pal	13
<i>Populus tremula</i>	Pop tre	10	<i>Viola riviniana</i>	Vio riv	31
<i>Potentilla erecta</i>	Pot ere	7	<i>Viola rupestris</i>	Vio rup	2
<i>Potentilla palustris</i>	Pot pal	1	<i>Viola selkirkii</i>	Vio sel	58